

## BREAKFAST MENU

FRUIT JUICES  
(ORANGE, APPLE, GRAPEFRUIT)

CEREALS

MUESLI

HOMEMADE FRUIT SALAD

POACHED FRUIT

YOGHURT

SELECTION OF CHEESES

WE STRIVE TO USE ONLY THE VERY BEST LOCAL PRODUCE  
FOR OUR BREAKFASTS.

## CORNISH COOKED BREAKFAST

CORNISH GRILLED BACON, CORNISH SAUSAGES, GRILLED  
TOMATOES AND SAUTÉED MUSHROOMS.  
FREE RANGE EGGS - FRIED OR SCRAMBLED

OR

BOILED EGGS

OR

LOCALLY SMOKED TREGIDA SALMON WITH SCRAMBLED  
EGGS

TOAST WITH

MARMALADE. PRESERVES AND CORNISH HONEY

## FAIRTRADE TEAS AND COFFEE

CLIPPER ENGLISH BREAKFAST TEA  
SELECTION OF FRUIT & HERB TEAS  
ORGANIC COFFEE - PAPUA NEW GUINEA  
ORGANIC ARABICA DECAFFEINATED COFFEE  
CLIPPER FAIRTRADE HOT CHOCOLATE